## WHAT IS CLAIMED IS:

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1. A spiral coil shaped insertion body which is formed by coiling a wire having a rhombic cross section and is attached to a female screw of a flexible material, the spiral coil shaped insertion body comprising:

a cylinder portion having a fixed outside diameter; and

a taper portion having an outside diameter

10 gradually reduced from the cylinder portion toward the distal end of the insertion body,

the outside thread pitch diameter of the cylinder portion being greater than the pitch diameter of the female screw, and the inside thread pitch diameter of a region of the taper portion covering one or more turns being smaller than the pitch diameter of a male screw.

2. The spiral coil shaped insertion body according to claim 1, wherein the distal end of said taper portion is extended to form a small-diameter cylinder portion.